

ASPIA Annual General Meeting Postponed

In our last Newsletter I gave a brief announcement to Members that we would be having our AGM on 7 October. I will have to postpone the AGM to the November meeting so please note this change in your diary – **12.30pm, 4 November 2006**. Notices will be sent out.



Printed below is Sue Larkey's "Essential Quick Tips No 2"
"10 Essential Strategies for Positive Behaviour Support"
 (formed up for students but applicable to all with AS)

Avoid:

- Telling the student what NOT to do.
 - Instructions & rules should always be phrased in the positive.
- Assuming the student has understood what you have said just because he can recite verbatim what you said.
- Verbal overload.
 - No matter how verbal a student appears.
- Nicknames, idioms and double meanings.
 - Mean what you say.
- Getting angry.
 - Most behaviours are a form of communication
 - These are usually frustration and/or confusion
 - Gather information about what happens before and after the behaviour you want to change
- Assuming the student has behaved in a particular way to upset you.
 - He cannot take your perspective
 - He only knows what he is feeling
- Thinking that the student is rude
 - He simply doesn't understand or interpret body language or facial expression.
- Telling the student what to do in abstract terms,
 - Such as - Don't be rude; or, Go and play.
- Underestimating links between communication and behaviour.
 - Improved communication skills are likely to improve behaviour.
- Being misled by the student's strengths in one area and assuming that the student is as easily capable in others.

Don't forget that:

- Social activities involve proximity and this may cause sensory overload
- ASD students don't derive the same pleasure from social activities and events as we do. You may have to accept partial participation.

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**Providing information, contacts and support
 for partners (and family members) of adults with Asperger's Syndrome
 Visit our website for more information and useful links**

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