

# ASPIA Newsletter – March 2015

*“Providing support since 2003 to partners of adults with Asperger’s Syndrome”*

## **March Meeting – change to regular meeting!**

Please note that there **will be NO regular ASPIA support group meeting** this coming Saturday 7 March. This includes the lunch club.

All of our efforts and resources are being poured into hosting a full-day workshop with Professor Tony Attwood at the Menzies Hotel in Sydney.

There is still time to register. You can phone me on 0408 817 828 to register and pay by credit card, or you can go to the events page on our website to use PayPal, or you can download the registration form to get our bank account details so you can pay online (& send me an email).

[www.aspia.org.au/events.html](http://www.aspia.org.au/events.html)

Hoping to hear from you asap or by Thursday at the latest.

<b>ASPIA Support Group Meeting dates for 2015</b>		
<b>7 March</b> Please note: No regular support group meeting on 7 March as we are hosting <b>workshop with Tony Attwood</b> . All are encouraged to attend. Registrations essential.		<b>4 April</b>
<b>2 May</b>	<b>6 June</b>	<b>4 July</b>
<b>1 August</b>	<b>5 September</b>	<b>3 October</b>
<b>7 November</b>	<b>5 December</b>	

Regular Support Group Meeting Venue: The College of Nursing, 14 Railway Parade (2nd floor), Burwood (Sydney) (No meeting on 7 March 2015)

Time: 1.30pm for 2pm start, concludes 5pm. Please bring a small plate of afternoon tea to share.

Cost: \$10.00 for non-members, \$5.00 for members (membership is \$55 per year, includes library)

**No regular support group meeting on Saturday 7 March 2015.**

## **ASPIA’s online Yahoo discussion group**

This online forum is growing and lots of great conversations are taking place. \$25.00 annual subscription. Visit my website at [www.carolgriggcounselling.com.au/Contact-me.html](http://www.carolgriggcounselling.com.au/Contact-me.html) to join.

## **ASPIA’s website contains information on other support groups, professionals, etc:**

Helpful literature: <http://www.aspia.org.au/information.html>

Recommended Psychologists, Counsellors, etc: <http://www.aspia.org.au/professionals.html>

Other Partner Support Groups in Australia: <http://www.aspia.org.au/groups.html>

Support for Adults with Asperger’s Syndrome: <http://www.aspia.org.au/groups.html>

Other support and useful links: <http://www.aspia.org.au/links.html>

Events and workshops: <http://www.aspia.org.au/events.html>

## **Thought ...**

With preparation in full swing for our workshop next Saturday I have not prepared a thought for this month, except to encourage readers to please recognise the benefit in attending the workshop to take advantage of the education and new ideas that Tony will be sharing. As well as the topics mentioned on the flyer, Tony will also talk about the difficulties individuals with AS have connecting with self.