

ASPIA

Providing support to partners of adults with Asperger's Syndrome since 2003

ASPIA Newsletter – June 2017

✍ ASPIA's May meeting was a presentation "Insight from the Inside" by Carol Grigg. The presentation was well received and generated lots of lively discussion, with many in attendance expressing that the content clarified many things for them in their understanding of Asperger's Syndrome and how it affects our relationships.

✍ Just repeating here the link to Nola's website and hand-out from our February meeting when she spoke on "Making sense of Asperger Syndrome" (Nola Norris)

<http://www.nelt.com.au/resources>

Our next **ASPIA Partner Support Group** meeting for 2017 will be held this coming **Saturday 3rd June**.

Please gather from 1.30pm for a 2.00pm start.

For this meeting Nola Norris will lead a group discussion time, incorporating information from her February presentation (Making sense of Asperger Syndrome). Several Committee members will be assisting Nola in running the meeting while Carol is absent for a family event.

Nola is ASPIA's web developer and regularly brings educational presentations that are greatly valued. Nola has her own business providing professional development and consultations for teachers, parents and partners of gifted learners with Autism Spectrum Disorder. See her website www.nelt.com.au

ASPIA meeting location: Club Burwood at 97 Burwood Road, Burwood (Sydney) (corner George Street)

Who can attend: Partners and family members seeking support from the non-Asperger perspective.

Cost: \$10 for non-members, \$5 for members (membership is \$55 per year and includes several benefits including borrowing books from the library and being part of a private facebook group.)

Parking: The cheapest and closest parking is directly behind the Club in **John Street**. Wilson car park - \$4.

Lunch Club: Bistro area from 12 noon for those who'd like to chat over lunch before the meeting.

Dinner: Staying back afterwards for a drink or dinner has also become popular over the last 12 months.

Reminder - May is membership renewal month

To make renewal simple, I am happy to receive direct deposits into ASPIA's account

Yearly Membership Fee: \$55.00

ASPIA's bank details: ASPIA Inc, BSB 062 340, Account Number 1018 1011. Please include your surname.

ASPIA Meeting Dates for 2017

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- June 3
- July 1
- August 5
- September 2
- October 7
- November 4
- December 2

Other places where you can stay in touch with ASPIA:

Facebook page: <https://www.facebook.com/Aspia-Inc-Asperger-Syndrome-Partner-Information-Australia-Inc-293809577377381/>

Meetup: <https://www.meetup.com/Sydney-Partners-of-Adults-with-Aspergers-Syndrome-ASPIA/>

Yahoo: We have an online discussion forum (\$25 subscription) – see our website www.aspia.org.au

Email: info@aspia.org.au

Website: please visit our website for information and articles, recommended professionals, and a range of other information and useful contacts and links – www.aspia.org.au

We've received a request to participate in a survey in relation to diagnosis of ASD. Please follow this link:

<http://www.autismcrc.com.au/developing-national-guideline-autism-spectrum-disorder-diagnosis-australia-viewpoint-study>

Thought

Remember if you feel the need for some validation at any time, we have dozens of Newsletter Thoughts in previous newsletters preserved on our website – www.aspia.org.au/newsletters.html

My best wishes to all, Carol Grigg OAM, Dip Counselling, Member ACA,
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